

# **FAMILY ACTIVITY**

## **AGES 12-14**

### **What Can You Teach Me?**

Most people like to talk about what they know. They appreciate genuine questions from interested observers, and they like to receive recognition for real accomplishments. Young people, of course, are no different than anyone else in this regard. Whether we realize it or not, each of us knows lots of things parents or other adults never taught us.

#### **Materials needed:**

- none

#### **Directions:**

1. Think about things in which each of you is intensely interested in. If possible, try to find one that both have some interest in.
2. Spend some time finding out more about one another's interests. Ask genuine questions. Don't make it sound like you are quizzing each other.
3. Teach one another something new or show how to do something. Take some risks. It may feel awkward at first for parents to realize that their child knows more about something than they do.