

FAMILY ACTIVITY

AGES 15-18

Volunteer Experience

Young people this age are beginning to think about what life will be like for them in “the real world.” Learn about different kinds of people and situations and try out various occupations by getting involved in volunteer work.

Materials needed:

- none or varied

Directions:

1. Contact your local Voluntary Action Center, your library, or your church to find out about volunteer opportunities in your community.
2. Consider doing something very different from your routine. If you work in an office, volunteer to build a house with Habitat for Humanity. If you work with your hands, volunteer to teach someone how to read. If you work with things, consider helping people at a hospital or nursing home.
3. Be sure to add a description of the experience to your resume.