

# **FAMILY ACTIVITY**

## **AGES 15-18**

### **WHAT CAN I DO FOR YOU?**

Working towards a common goal for others as a family can be a fulfilling and fun project. Individual efforts may seem like a “Drop-in-the bucket” but a collective effort from a family is a contribution that adds up!

#### **Materials needed:**

Dependent upon activity chosen

#### **Directions:**

1. Set aside a time when all family members can meet to discuss participation in a volunteering activity. Together decide on the type of volunteering project each member would enjoy participating in as a family. (Ex: Picking up litter from a neighborhood park). Some questions to consider in making a satisfactory decision could include: What causes do we believe in and strongly support? Do we want to work by ourselves or participate with others in an organized project? How much time is each family member willing to commit? What collective skills or knowledge does our family have to offer? Will each family member be able to contribute to the project in a way he or she feels is satisfying and worthwhile?
2. Decide if extended family members could be invited to participate once a decision has been made on the volunteer project. (Ex: Can grandmother save a picnic table and watch over snacks?)
3. Set the date and time for your family’s project. (Ex: next Sunday at 3 p.m.) Divide out organizational tasks necessary to carry out the volunteer project. (Ex: Who will bring the trash bags? make refreshments? Call grandmother? Take recyclable cans and bottles to recycling center?)
4. Celebrate your good work when your project is completed! How does everyone feel about the project? Would you do it again? Does it give you ideas for other projects? Thanks for a job well done!